

2025 Great River Girls Conference Championship Meet

May 13, 2025 East Central HS Finlayson, MN

Girls Team Scores:

1. Pine City	158
2. Crosby-Ironton	111.25
3. Mora	95.25
4. Rush City	93.25
5. Braham	80
6. Aitkin	64.25
7. East Central	36.5
8. Hinckley-Finlayson	31.5
9. Ogilvie	24
10. Mille Lacs	3

Girls Wheelchair 100 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	Ana Berry	12	Mille Lacs	30.03a	

Girls Wheelchair 200 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	Ana Berry	12	Mille Lacs	1:02.56a	

Girls Wheelchair 400 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	Ana Berry	12	Mille Lacs	2:07.67a	

Girls Varsity 100 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	Lucy Lewandowski	11	Crosby-Ironton	13.06a	
2	Nylah Patrick	8	Pine City	13.54a	
3	Payton Mooney	9	Braham	13.63a	
4	Mya Fix	9	Mora	13.79a	
5	Nevaeh Fix	9	Braham	13.86a	
6	Addison Kehn	9	Aitkin	14.01a	
7	Lauren Larsen	11	Crosby-Ironton	14.03a	
8	Avery Lonergan	9	Crosby-Ironton	14.06a	
9	Melaina Collins	11	Aitkin	14.13a	
10	Jane Olson	10	Mora	14.14a	
11	Abby Mariette	8	Pine City	14.36a	
12	Ava Vandekamp	7	Rush City	14.40a	
13	Riley Tricker	8	Pine City	14.41a	
14	Norah Ausmus	8	Hinckley-Finlayson	14.46a	
15	Aubriel Effertz	7	Rush City	14.52a	
16	Violet Cox	12	Hinckley-Finlayson	14.59a	
17	Cheyenne Mishler	12	Hinckley-Finlayson	14.66a	
18	Heaven Bradshaw	10	East Central	14.87a	
19	Avery Ennis	11	Mora	14.91a	
20	Kahli Rasmussen	11	Aitkin	15.13a	
21	Amira Newago	10	East Central	15.42a	
22	Leilee Golombowski	7	Mille Lacs	15.55a	
23	Cris Rubio	12	East Central	16.15a	
24	Lexi Stenvold	7	Mille Lacs	16.39a	

Girls Varsity 200 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	ZoeAnn Claseman	9	Braham	27.67a	
2	Clara Niessen	9	Rush City	27.74a	
3	Katey Thieman	10	Pine City	27.85a	
4	Jayla Conner	10	Crosby-Ironton	28.79a	
5	Miley Clark	8	East Central	29.02a	
6	Sedonia Vaughn	9	Rush City	29.04a	
7	Gabby Wright	12	Mora	29.16a	
8	Ali Tollefson	8	Pine City	29.25a	
9	Betty Larsen	8	Crosby-Ironton	29.38a	
10	Georgianna Toftness	9	Crosby-Ironton	29.43a	
11	Kira Hamilton	12	Aitkin	29.94a	
12	Brita Westman	12	Aitkin	30.10a	
13	Ellory Grund	12	Aitkin	30.11a	
14	Pera Root	8	Pine City	30.17a	
15	Norah Ausmus	8	Hinckley-Finlayson	30.23a	
16	Violet Cox	12	Hinckley-Finlayson	30.87a	
17	Christina Plaggenborg-Sch	11	Mora	31.72a	
18	Bristol Divine	9	Ogilvie	31.80a	
19	Kajsa Schwendeman	11	Mora	32.77a	
20	Leilee Golombowski	7	Mille Lacs	33.39a	
21	Cris Rubio	12	East Central	34.10a	
22	Lexi Stenvold	7	Mille Lacs	34.43a	

Girls Varsity 400 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	ZoeAnn Claseman	9	Braham	1:02.80a	
2	Clara Niessen	9	Rush City	1:04.63a	
3	Miley Clark	8	East Central	1:05.30a	
4	Sophia Watrin	10	East Central	1:05.96a	
5	Chloe Yoder	10	Mora	1:06.04a	
6	Aubree Babler	7	Crosby-Ironton	1:06.05a	
7	Peyton Liao	9	Pine City	1:06.05a	
8	Vivian Lahti	11	Pine City	1:06.72a	
9	Finley Kunze	8	Pine City	1:07.65a	
10	Tori Oehrlein	11	Crosby-Ironton	1:07.93a	
11	Brianna Koch	11	Mora	1:09.08a	
12	Adeline Heggernes	9	Mora	1:10.19a	
13	Emily Nordling	9	Aitkin	1:11.23a	
14	Leah Stavig	11	Rush City	1:11.56a	
15	Taya Hawkins	9	Aitkin	1:11.93a	
16	Avila Burch	10	East Central	1:15.88a	
17	Kiersten Schmidt	10	Rush City	1:16.33a	
18	Bristol Divine	9	Ogilvie	1:16.72a	
19	Vada Rieken	9	Hinckley-Finlayson	1:17.48a	
20	Emma Richter	10	Hinckley-Finlayson	1:17.86a	
21	Finja Schulz	12	Hinckley-Finlayson	1:19.89a	

Girls Varsity 800 Meters Finals

Athlete	Yr	Team	Mark	H#	Wind
1	Ashley Asmus	10	Aitkin	2:24.00a	
2	Maria Ringhand	12	Crosby-Ironton	2:29.66a	
3	Amber Fix	12	Mora	2:36.55a	
4	Haley Geiger	11	Hinckley-Finlayson	2:37.42a	

4 Madeline Lacerte 11 Crosby-Ironton 2:37.42a
 6 Nellie Fitzpatrick 10 Crosby-Ironton 2:38.43a
 7 Ava Johnson 12 Braham 2:40.21a
 8 Peyton Perreault 12 Pine City 2:41.52a
 9 Macy Degerstrom 9 Mora 2:41.78a
 10 Ella Olson 9 Mora 2:49.50a
 11 Harper Anderson 7 Pine City 2:53.62a
 12 Mackenzie Perell 9 Rush City 2:57.00a
 13 Vada Rieken 9 Hinckley-Finlayson 2:59.03a
 14 Madi Perreault 10 Pine City 2:59.33a
 15 Lauren Thom 12 Hinckley-Finlayson 2:59.59a
 16 Alicia Gimenez 11 Braham 3:02.35a
 17 Jaidyn Brenny 7 Rush City 3:06.86a
 18 Avila Burch 10 East Central 3:16.92a
 19 Allie Kunshier 11 Braham 3:25.01a

Girls Varsity 1600 Meters Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Ellie Patzoldt 8 Pine City 5:44.22a
 2 Haley Geiger 11 Hinckley-Finlayson 5:44.91a
 3 Rachel Brown 12 Pine City 5:55.17a
 4 Peyton Perreault 12 Pine City 6:09.73a
 5 Halle Koschmeder 8 Crosby-Ironton 6:10.91a
 6 Ada Halverson 11 Mora 6:18.05a
 7 Audi Shockman 7 Braham 6:22.88a
 8 Sophia Hanson 7 Crosby-Ironton 6:24.11a
 9 Molly Franke 9 Aitkin 6:25.63a
 10 Aliza Jacobson 11 Crosby-Ironton 6:28.62a
 11 Lauren Thom 12 Hinckley-Finlayson 6:35.44a
 12 Leah Stavig 11 Rush City 6:37.10a
 13 Isabella Schisano 9 Rush City 7:09.75a
 14 Greta Jensen 9 Mora 7:22.23a
 15 Emma Axtell 10 Mora 7:23.00a

Girls Varsity 3200 Meters Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Ellie Patzoldt 8 Pine City 13:03.91a
 2 Rachel Brown 12 Pine City 13:07.00a
 3 Avery Shockman 11 Braham 14:19.72a
 4 Gretchen Gatzke 8 Pine City 14:45.40a
 5 Emma Richter 10 Hinckley-Finlayson 15:28.17a
 6 Sequora Hahn 11 Rush City 16:13.66a
 7 Sophie Letourneau 10 Hinckley-Finlayson 16:16.29a
 8 Eleanor Carda 11 Mora 16:36.22a
 9 Isabella Schisano 9 Rush City 17:30.68a
 10 Clara Niskanen 11 Mora 17:56.91a

Girls Varsity 100m Hurdles Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Kendra Heintz 9 Rush City 17.04a
 2 Brita Westman 12 Aitkin 17.16a
 3 Tika May 11 Aitkin 17.40a
 4 Hanna Tilberg 10 Mora 17.92a
 5 Addison Blaiser 11 Pine City 18.72a
 6 Ellia Kastenbauer 11 Mora 18.75a
 7 Jenasis Moody 9 Pine City 18.81a
 8 Teresa Root 11 Pine City 18.84a
 9 Maria Smith 12 Crosby-Ironton 18.89a
 10 Ava Blowers 10 Hinckley-Finlayson 19.08a

11 Kyah Springer 12 East Central 19.85a
 12 Kylie Muchow 10 Braham 19.98a
 13 Carly Brandt 7 Braham 20.40a
 14 Jaden Mishler 10 Hinckley-Finlayson 20.83a
 15 Jocelyn Fletcher 10 Rush City 20.93a
 16 Bristol Divine 9 Ogilvie 21.18a
 17 Alyza Fratzke 10 Mora 21.82a
 18 Heidi Gregoire 12 Rush City 23.37a
 19 London Smook 12 Aitkin 23.43a

Girls Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Hanna Tilberg 10 Mora 48.72a
 2 Tika May 11 Aitkin 49.40a
 3 Alayna Heintz 11 Rush City 53.17a
 4 Kylie Muchow 10 Braham 55.01a
 5 Vanessa Rickmeyer 9 Crosby-Ironton 55.09a
 6 Addison Blaiser 11 Pine City 55.97a
 7 Jaden Mishler 10 Hinckley-Finlayson 56.26a
 8 Ellia Kastenbauer 11 Mora 56.42a
 9 Jenasis Moody 9 Pine City 57.24a
 10 Arabella Presley 12 East Central 57.68a
 11 Kyah Springer 12 East Central 59.70a
 12 Carly Brandt 7 Braham 1:01.16a
 13 Ava Blowers 10 Hinckley-Finlayson 1:01.98a
 14 Jocelyn Fletcher 10 Rush City 1:04.82a
 15 Heidi Gregoire 12 Rush City 1:05.57a
 16 Amira Newago 10 East Central 1:07.03a

Girls Varsity 4x100m Relay Finals

=====

Team Time H#

=====

1 Rush City 54.61a
 1) Alayna Heintz 2) Sedonia Vaughn
 3) Kennedy Stavig 4) Kendra Heintz
 2 Aitkin 54.67a
 1) Brita Westman 2) Tika May
 3) Ellory Grund 4) Kira Hamilton
 3 Crosby-Ironton 54.86a
 1) Jayla Conner 2) Londyn Eastwood
 3) Betty Larsen 4) Lauren Larsen
 4 Pine City 55.08a
 1) Gracie Larson 2) Daiyah Klatt
 3) Nylah Patrick 4) Abby Mariette
 5 Braham 55.73a
 1) Payton Mooney 2) Bridget Golly
 3) Emily Davis 4) Nevaeh Fix
 6 Mora 57.61a
 1) Avery Ennis 2) Christina Plaggenborg-Schoelzel
 3) Alyza Fratzke 4) Jane Olson

Girls Varsity 4x200m Relay Finals

=====

Team Time H#

=====

1 Crosby-Ironton 1:52.02a
 1) Georgianna Toftness 2) Maria Smith
 3) Sammie Hachey 4) Lucy Lewandowski
 2 Mora 1:54.20a
 1) Chloe Yoder 2) Mya Fix
 3) Gabby Wright 4) Hanna Tilberg
 3 Braham 1:58.26a

1) Payton Mooney 2) Bridget Golly
 3) Emily Davis 4) Nevaeh Fix
 4 Pine City 1:59.32a
 1) Gracie Larson 2) Daiyah Klatt
 3) Nylah Patrick 4) Vivian Lahti
 5 Aitkin 2:02.73a
 1) Kate Boyd 2) Addison Kehn
 3) Hailey Munsterteiger 4) Ellory Grund
 6 Rush City 2:09.51a
 1) Ava Vandekamp 2) Aubriel Effertz
 3) Taya Brown 4) Jaidyn Brenny
 7 East Central 2:13.21a
 1) Amira Newago 2) Avila Burch
 3) Heaven Bradshaw 4) Cris Rubio

Girls Varsity 4x400m Relay Finals

=====

Team Time H#

=====

1 Crosby-Ironton 4:15.83a
 1) Aubree Babler 2) Margaret Ringhand
 3) Anna Westin 4) Maria Ringhand
 2 Pine City 4:26.17a
 1) Vivian Lahti 2) Ali Tollefson
 3) Peyton Liao 4) Finley Kunze
 3 Rush City 4:34.28a
 1) Leah Stavig 2) Sedonia Vaughn
 3) Alayna Heintz 4) Clara Niessen
 4 Mora 4:35.17a
 1) Chloe Yoder 2) Amber Fix
 3) Ada Halverson 4) Adeline Heggernes
 5 Braham 4:37.28a
 1) Ava Johnson 2) Emily Davis
 3) Audi Shockman 4) Kylie Muchow
 6 East Central 4:45.10a
 1) Arabella Presley 2) Sophia Watrin
 3) Kennadee Volk 4) Miley Clark
 7 Aitkin 4:52.61a
 1) Allie Ostrowski 2) Violet Eisenbraun
 3) Kahli Rasmussen 4) Hannah Rasmussen

Girls Varsity 4x800m Relay Finals

=====

Team Time H#

=====

1 Crosby-Ironton 10:27.84a
 1) Margaret Ringhand 2) Maria Ringhand
 3) Madeline Lacerte 4) Anna Westin
 2 Braham 10:40.60a
 1) Ava Johnson 2) ZoeAnn Claseman
 3) Avery Shockman 4) Audi Shockman
 3 Aitkin 10:56.99a
 1) Molly Franke 2) Hannah Rasmussen
 3) Kira Hamilton 4) Ashley Asmus
 4 Mora 11:15.27a
 1) Amber Fix 2) Alice Anderson
 3) Ada Halverson 4) Macy Degerstrom
 5 Pine City 12:04.40a
 1) Finley Kunze 2) Rhetta Ganote
 3) Madi Perreault 4) Gretchen Gatzke
 6 Rush City 12:47.02a
 1) Mackenzie Perell 2) Jaidyn Brenny
 3) Kiersten Schmidt 4) Sequora Hahn

Girls Varsity Shot Put Finals

=====

Athlete Yr Team Mark H#

=====

1 Jenna Lukenbill 11 Mora 34-9.5
 2 Ava Halvorson 12 Ogilvie 34-1.25
 3 Sophia Strom 10 Crosby-Ironton 32-2
 4 Myra Roubinek 9 Pine City 30-6
 5 Elizabeth Madura 10 Pine City 28-6.75
 6 Cheniah Anderson 9 Rush City 28-1.5
 7 Cheyenne Mishler 12 Hinckley-Finlayson 27-10
 8 Maddie Larson 10 Pine City 26-7.5
 9 Veronica Millsop 10 Crosby-Ironton 25-11.5
 10 Elianna Kacon 11 Mora 25-3.75
 11 Bridget Golly 11 Braham 24-10.75
 12 Elizabeth Morris 11 Aitkin 24-9.5
 13 Aquene Klapel 10 East Central 23-8
 14 Claire Johnsen 9 East Central 23-6.5
 15 Ash Eggersgluess 11 Rush City 23-1.5
 16 Lily Haugrud 9 Rush City 22-10
 17 Makayla Carlson 11 Braham 22-7.5
 18 Kaelynn Gruhlke 11 Aitkin 22-1.5
 19 Brooke Crawford 10 Crosby-Ironton 21-5
 20 Tayah Sanders 11 Mora 21-4.5
 21 Ivie Beutel 12 Hinckley-Finlayson 21-2
 22 Rylie Parker 9 Aitkin 20-4.5
 23 Norah Smith 8 Braham 20-0
 24 Layne Nelson 12 Mille Lacs 19-6
 25 Brooke Clennon 12 East Central 18-9.75

Girls Varsity Discus Finals

=====

Athlete Yr Team Mark H#

=====

1 Ava Halvorson 12 Ogilvie 122-1
 2 Jenna Lukenbill 11 Mora 108-3
 3 Sophie Halvorson 10 Ogilvie 98-5
 4 Lily Rootkie 9 Pine City 94-8
 5 Kadence McKellar 10 Pine City 91-9
 6 Cheyenne Mishler 12 Hinckley-Finlayson 87-9
 7 Elizabeth Madura 10 Pine City 86-6
 8 Elizabeth Morris 11 Aitkin 85-4
 9 Sophia Strom 10 Crosby-Ironton 80-9
 10 Claire Johnsen 9 East Central 79-0
 11 Cadence Wynn 12 Crosby-Ironton 78-4
 12 Ash Eggersgluess 11 Rush City 75-3
 13 Elianna Kacon 11 Mora 70-1
 14 Veronica Millsop 10 Crosby-Ironton 68-6
 15 Makayla Carlson 11 Braham 68-6
 16 Layne Nelson 12 Mille Lacs 67-6
 17 Grace Peters 12 Mora 67-0
 18 Lily Haugrud 9 Rush City 66-8
 19 Cheniah Anderson 9 Rush City 64-10
 20 Rylie Parker 9 Aitkin 64-7
 21 Nevaeh Fix 9 Braham 61-2
 22 Avery Shockman 11 Braham 60-5
 23 Brooke Clennon 12 East Central 59-7
 24 Ivie Beutel 12 Hinckley-Finlayson 57-4
 25 Aquene Klapel 10 East Central 57-3
 26 Kaelynn Gruhlke 11 Aitkin 55-2

Girls Varsity High Jump Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

- 1 Clara Niessen 9 Rush City 4-11
- 2 Grace Larsen 12 Crosby-Ironton 4-9
- 3 Teresa Root 11 Pine City 4-7
- 4 Mya Fix 9 Mora 4-7
- 5 Brooklyn Raiche 8 Aitkin 4-7
- 6 Ellia Kastenbauer 11 Mora 4-7
- 7 Finley Kunze 8 Pine City 4-5
- 8 Alyza Fratzke 10 Mora 4-3
- 8 Mariah Fitzpatrick 12 Crosby-Ironton 4-3
- 8 Haylee Coil 9 Aitkin 4-3
- 8 Kennedy Stavig 8 Rush City 4-3
- 12 Ava Blowers 10 Hinckley-Finlayson 4-3
- Emma Richter 10 Hinckley-Finlayson NH
- Audi Shockman 7 Braham NH
- Avery Shockman 11 Braham NH
- McKenzie Nelson 9 Pine City NH
- Bela May 12 Aitkin NH
- Carly Brandt 7 Braham NH

Girls Varsity Pole Vault Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

- 1 Kennadee Volk 11 East Central 9-10
- 2 Lucy Lewandowski 11 Crosby-Ironton 9-4
- 3 Gracie Larson 11 Pine City 9-4
- 4 Arabella Presley 12 East Central 8-4
- 5 Emily Davis 11 Braham 8-4
- 6 Katey Thieman 10 Pine City 7-10
- 7 Kyah Springer 12 East Central 7-4
- 7 Georgianna Toftness 9 Crosby-Ironton 7-4
- 9 Aubree Babler 7 Crosby-Ironton 7-4
- 10 London Smook 12 Aitkin 6-4
- 11 Allie Ostrowski 11 Aitkin 6-4
- 11 Kennedy Stavig 8 Rush City 6-4
- Taya Brown 9 Rush City NH
- Jocelyn Fletcher 10 Rush City NH

Girls Varsity Long Jump Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

- 1 Kendra Heintz 9 Rush City 16-3.25
- 2 ZoeAnn Claseman 9 Braham 15-3.5
- 3 Sammie Hachey 11 Crosby-Ironton 15-2.5
- 4 Katey Thieman 10 Pine City 14-9.5
- 5 Brita Westman 12 Aitkin 14-9.5
- 6 Peyton Liao 9 Pine City 14-8.25
- 7 Jane Olson 10 Mora 14-6.75
- 8 Violet Cox 12 Hinckley-Finlayson 13-10
- 9 Kira Hamilton 12 Aitkin 13-9
- 10 Camryn Armbrust 10 Crosby-Ironton 13-7.5
- 11 Kylie Muchow 10 Braham 13-6
- 12 Kennedy Stavig 8 Rush City 13-6
- 13 Pera Root 8 Pine City 13-5.5
- 14 Molly Franke 9 Aitkin 13-4
- 15 Heaven Bradshaw 10 East Central 13-2
- 16 Amira Newago 10 East Central 13-1
- 17 Christina Plaggenborg-Schoelzel 11 Mora 13-0.5
- 18 Emily Blomdahl 9 Braham 12-8
- 19 Aubriel Effertz 7 Rush City 12-6
- 20 Leilee Golombowski 7 Mille Lacs 11-5
- 21 Emma Axtell 10 Mora 10-8
- 22 Jaden Mishler 10 Hinckley-Finlayson 10-5

Girls Varsity Triple Jump Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

- 1 Kendra Heintz 9 Rush City 36-6.25
- 2 Katey Thieman 10 Pine City 33-8
- 3 Peyton Liao 9 Pine City 33-2.5
- 4 Norah Ausmus 8 Hinckley-Finlayson 30-6.5
- 5 Brianna Koch 11 Mora 30-4.75
- 6 Lexie Rydberg 9 Pine City 29-11.75
- 7 Ellia Kastenbauer 11 Mora 29-8.5
- 8 Bridget Golly 11 Braham 29-8
- 9 Haley Geiger 11 Hinckley-Finlayson 29-5
- 10 Camryn Armbrust 10 Crosby-Ironton 29-4.5
- 11 Sammie Hachey 11 Crosby-Ironton 28-6.5
- 12 Amber Fix 12 Mora 28-3.5
- 13 Kate Boyd 9 Aitkin 28-3.25
- 14 Taya Hawkins 9 Aitkin 27-8.5
- 15 Leah Stavig 11 Rush City 27-4
- 16 Hailey Munsterteiger 9 Aitkin 26-10.75
- 17 Heidi Gregoire 12 Rush City 23-3.5